

BABEȘ-BOLYAI UNIVERSITY



Emőke Pál

Assistant professor, PhD

1. PERSONAL INFORMATION

- Contact information
 - **Email:** emoke.pal@ubbcluj.ro
 - **Phone:** 0040742743254
 - **Institutional address:** No. 4 Mihail Kogălniceanu Street, Cluj-Napoca, Romania

2. RESEARCH INTERESTS

- Acting methods
- Movie acting
- Silent film acting

3. ARTISTIC STATEMENT

For me, acting is rooted in freedom, playfulness, and collaboration. I am drawn to processes that prioritize collective creation and that challenge both performers and audiences to reflect on the world we live in. Whether on stage or in film, I seek work that carries social relevance and emotional honesty.

I believe that theatre and film have the power to connect, provoke, and create space for empathy - especially when approached with openness, curiosity, and courage.

4. EDUCATION

2013 – 2020 **PhD in Theatre and Performing Arts.** Faculty of Theatre and Film, Babeș-Bolyai University, Romania. Thesis: *Theatrical Acting Conventions in Silent Film Acting*. Coordinator: Prof. Univ. Dr. Hatházi András-Attila

2011 – 2013 **MA in Theatre and Performing Arts.** Acting and Directing. Faculty of Theatre and Television, Babeș-Bolyai University, Romania. Dissertation: *Acting Experiences in the Development of the Theatre Performance "Tea with Me"*

2008 – 2011 **BA in Theatre.** Acting. Faculty of Theatre and Television, Babeș-Bolyai University, Romania. Dissertation: *The Ingénues*.

5. ACADEMIC POSITIONS & EMPLOYMENT

2021 – now **Assistant Professor.** Faculty of Theatre and Film, Babeș-Bolyai University, Romania.

2020 – 2021 **Lecturer.** Faculty of Theatre and Film, Babeș-Bolyai University, Romania.

6. PUBLICATIONS

6.1. Peer-reviewed journal articles

Emőke, Pál. "Body Memory and Dictatorship." *Játéktér* 4, no. 2 (2015): 43-47.
<https://www.ceeol.com/search/article-detail?id=692304>

Emőke, Pál. "The Acting Aspirations of Jenő Janovics." *Játéktér* 11, no. 1 (2022): 57–60.
<https://www.ceeol.com/search/article-detail?id=1037853>

Emőke, Pál. "Theatrical Play Conventions in the Acting Style of the Silent Movies: The Undesirable and The Last Night." *ME.DOK* 17, no. 1 (2022): 5–16.
<https://www.ceeol.com/search/article-detail?id=1030256>

Emőke, Pál. "Lili Berky's Film Work Between 1913–1918 as Depicted in the Contemporary Press." *Korunk* 33, no. 4 (2022): 22–30. <https://www.ceeol.com/search/article-detail?id=1038637>

6.2. Other publications (reviews, essays, blogs, etc.)

Emőke, Pál. "The "poetic body" or theatre training post Jacques Lecoq." *Játéktér* 2, no. 2 (2013): 83–85.

7. ARTISTIC PRACTICE

7.1. Artistic Production Credits

THEATER PROJECTS (as ACTRESS)

1. *And why is that the night / És miért, hogy az éjszaka* - written and directed by Lilla Szauer, Trafó House of Contemporary Arts; Budapest; 2025.
2. *Wonders of Transylvania* - written by Alexa Băcanu; directed by Martin Boross; Waitingroom Project - Reactor co-production; Cluj-Napoca; 2024.
3. *Az aranyórán túl / Dincolo de ora de aur* – written by Ovidiu Ciclov; directed by Ovidiu Caița; Waitingroom Project - Reactor co-production; Cluj-Napoca; 2023.
4. *IN BETWEEN HOMES* – directed by Andeea Iacob; Create Act Enjoy - Lucian Blaga National Theatre - Faculty of Theatre and Film co-production; Cluj-Napoca; 2023.
5. *Visul* – written by Alexa Băcanu; directed by Dragoș Alexandru Mușoiu; Reactor; Cluj-Napoca; 2022.
6. *Alcestis* – based on Euripides; directed by András Visky, Waitingroom Project, Cluj-Napoca; 2022.
7. *(In)correct* – written and directed by Leta Popescu, Reactor, Cluj-Napoca; 2020.
8. *Romania 100* – written and directed by Tamás Lovassy Cseh, Waitingroom Project, Cluj-Napoca; 2019.
9. *Fishez* – written and directed by Kriszina Sipos and the team of the Waitingroom Project, Waitingroom Project, Cluj-Napoca; 2018.
10. *Grove / Liget* – written and directed by Bálint Botos, Waitingroom Project, Cluj-Napoca; 2018.
11. *Neverland* – written by Alexa Băcanu; directed by Leta Popescu; produced by 3G Theater; Târgu Mureș; 2017.

12. *Dragon Works / Sárkány-művek* – written by Johanna Bertóti; directed by Levente Imecs-Magdó; Waitingroom Project and Puck Puppet Theater, Cluj-Napoca; 2017.
13. *Pas(sz)* – written by Tamás Lovassy Cseh; directed by Leta Popescu; produced by Reciproca Assotiation; Cluj-Napoca; 2016.
14. *Reacting Chernobyl* – directed by Cosmin Matei; Waitingroom Project, Cluj-Napoca; 2016
15. *Zero* – directed by Bálint Botos, Waitingroom Project, Cluj-Napoca; 2015
16. *Fragmente dintr-o amintire distantă* – directed by Csongor Köllő; Shoshin Theater Assotiation, Cluj-Napoca, 2015.
17. *Body Memory* – directed by Gregorio Amicuzi, Raquel Alarcón, Csongor Köllő; Residui Teatro; Madrid; Spain, 2015.
18. *Double Bind* – written and directed by Réka Kincses and Alina Nelega; National Thaetre of Târgu Mureş, Liviu Rebreanu and Tompa Miklós Company, 2014.
19. *Pentheszilea-program* – written and directed by Réka Kincses, Ariel Thaetre and Tompa Miklós Company; Târgu Mureş (2013)
20. *Tea with me* – one men show; directed by: András Hatházi, Babeş-Bolyai University, Faculty of Theatre and Television, Cluj-Napoca, 2012.
21. *Midsummer night's dream* by Shakespeare, part: Helena –, directed by Rebecca Seiler, Akademie für darstellende Kunst, Danu Bus Tour, Germany, Ulm, 2012.
22. *The Happy Hunter* by Georges Feydeau – directed by József Kolcsár, Vigadó Theater; Târgu Secuiesc; 2011.
23. *Lila Ákác* by Ernő Szép – directed by Csaba László, Vigadó Theater; Târgu Secuiesc; 2011.
24. *The servant of two masters* by Carlo Goldoni, part Blandina – directed by Rebecca Seiler, Akademie für darstellende Kunst, Danu Bus Tour, Germany, Ulm, 2010.
25. *The Devil and the Virgin* by Kele Fodor Ákos part Witch, directed by László Csujá, Transilvanian Touring Theatre, 2009.

FILMOGRAPHY (as ACTRESS)

Feature films:

26. *Hyenas* – written by Iván Szabó, Ádám Freund; directed by Ádám Freund; Hungary; post-production
27. *Minden csillag* – directed by Renátó Olasz; Hungary; post-production
28. *Heights and Depths* – written and directed by Sándor Csoma; Hungary 2022.
29. *Valan* – witten and directed by Béla Bagota; Hungary 2019.
30. *Dragoste 2 America* – written and directed by Florin Şerban; Romania 2018.

Short films:

31. *Pragma* – directed by Bianka Szelestey; 2022.
32. *Catachresis* – directed by Gyöngyi Fazekas; 2015.

33. *#mirror* – directed by Katalin Besdenyei; 2015.
34. *Minority* – directed by Réka Kincses; 2014.
35. *Saudade* – directed by Gyöngyi Fazekas; 2014.
36. *Márió* – directed by Bálint Klopfsstein-László; 2014.
37. *Gallows Tree* – directed by Előd Székely; 2014.
38. *Under Ice* – directed by Barna László; 2014.
39. *Heartbox* – directed by Ildikó Köllő; 2013.
40. *Gracious Death Parlor* – directed by József Halmen; 2013.
41. *Communion* – directed by Máté Papp; 2013.

7.2. Artistic Residencies & Workshops

1. Community engagement and intervention through theatrical methods – mentor: Gianina Cărbunariu; organized by Reactor; 2025
2. Filmmakers workshop – mentors: Florentina Bratfanof and Sophie Holland organized by Transilvania International Film Festival (TIFF), 2024
3. Multicultural Perspectives – Strengthening Cultural Entrepreneurship in Cluj-Napoca in a Romanian-Hungarian Interethnic Context; mentor: Gianluca Iumiento – theatre and film director, actor, and acting teacher; organized by Para Film & Teater (Norway), Reactor, and Waitingroom Project, 2023
4. Film and Theatre Practices Workshop – mentor: Radu Jude; organized by Reactor, Arta Cinema, and the Faculty of Theatre and Film, 2023
5. Viewpoints Workshop – mentor: Cyrus Khambatta, Cluj-Napoca, 2016
6. Educational Program of the Grotowski Institute – mentors: Eliseo Parra, Raúl laiza, Grotowski Institute, Brzezinka, Poland, 2015
7. Filmtett Workshop – mentors: Szabolcs Hajdú and Orsolya Török-Illyés, organized by Filmtett Association, Sânvășii, 2015
8. Antigone Returns To The Monastery – mentor: Raúl laiza, Cluj-Napoca, 2015
9. Contemporary Dance Workshop – mentor: Attila Bordás; Cluj-Napoca, 2015
10. Sarajevo Talents – Sarajevo Film Festival; Sarajevo, 2014
11. Filmtett Workshop – mentor: Áron Dimény, organized by Filmtett Association, Sânvășii, 2014
12. TIFF Workshop – organized by Transilvanian International Film Festival – with Réka Kincses, Miercurea Ciuc, 2014
13. Gogol Workshop – Representation of the Other Workshop, organized by Játéktér, Cluj-Napoca 2014
14. Filmtett Workshop – mentor: Tibor Pálffy, organized by Filmtett Association, Sânvășii, 2013
15. Clown and comedy workshop – mentor: Mick Barnfather, London, 2013

16. The play's rhythm and actor's music – mentor: Frans Winther (Odin Teatret), Cluj-Napoca, 2011
17. Movement theater training – mentor: Dénes Döbri, organized by "Csiky Gergely" Hungarian State Theatre, Timișoara, 2010
18. Movement theater training – mentors: Andrea Ladányi, Gábor Vida; organized by "Csiky Gergely" Hungarian State Theatre, Timișoara, 2009
19. Contact improvisation training – mentor: Uray, Cluj-Napoca, 2009
20. Contact improvisation training – mentor: Ferenc Sinkó, Cluj-Napoca, 2009

8. GRANTS, FELLOWSHIPS & AWARDS

8.1 AWARDS

Best Actress Award for her performance in *Heights and Depths / Magasságok és mélységek*; Hungarian Motion Picture Festival; Veszprém; 2023

Nomination: InStyle Magazine – Favorite Screen Performance; *Heights and Depths / Magasságok és mélységek*; 2023

Best actress: BIG Film Festival, for the *Heartbox / Szívdoboz* short film, written and directed by Ildikó Köllő, Budapest; 2014

Best young actress of 2013, after the vote of "Játéktér" journal; 2014

Best actress: Gala of Young Actors, Costinești, Organized by UNITER (The Romanian Association of Theatre Artists) for *A Dragon in My Mind* one woman show, written and directed by Emőke Pál; 2013

8.2 GRANTS, FELLOWSHIPS

Junior Faculty Scholarship; supported by Tempus Public Foundation; Academic Year 2023–2024

Junior Faculty Scholarship; supported by Tempus Public Foundation; Academic Year 2022–2023

Research Fellowship – Domus Hungarica; Hungarian Academy of Sciences; 2021

Research Fellowship – Domus Hungarica; Hungarian Academy of Sciences; Spring 2019

Research Fellowship – Domus Hungarica; Hungarian Academy of Sciences; Autumn 2019

Soós Kálmán Research Scholarship; Doctoral Studies Program; Academic Year 2016–2017

Soós Kálmán Research Scholarship; Doctoral Studies Program; Academic Year 2015–2016

Communitas Artistic Grant, awarded by the Communitas Foundation; Romania; 2013

Research Fellowship – Domus Hungarica; Hungarian Academy of Sciences; 2013

9. FESTIVALS (2022-2024)

Wonders of Transylvania; Reactor de creație și de experiment, Váróterem Projekt; Cluj-Napoca:

International Theatre Festival, Thealter, Szeged, Hungary, 2024

DráMA Theatre Festival, Odorheiu Secuiesc, Romania, 2024

Visul; Reactor de creație și de experiment; Cluj-Napoca:

National Theatre Festival (FNT), Bucharest, Romania, 2023
Sibiu International Theatre Festival (FITS), Sibiu, Romania, 2023
“New Wave Theatre” International Theatre Festival, 3rd Edition, Reșița, Romania, 2023
Piatra Neamț (International) Theatre Festival, Piatra Neamț, Romania, 2023
DráMA Theatre Festival, Odorheiu Secuiesc, Romania, 2023
“25 Hours of Non-Stop Theatre” Festival, Timișoara, Romania, 2023

Alkésztisz; Váróterem Projekt; Cluj-Napoca:

Colloquium Of Ethnic Minority Theatres, Gheorgheni, Romania, 2023
Ördökatlan Festival Beremend, Hungary, 2022

(In)corect; Reactor de creație și de experiment; Cluj-Napoca:

Interferences International Theatre Festival, Cluj-Napoca, 2020
The International New Theatre Festival, Arad, Romania, 2023
National Comedy Festival - 34th Edition, Galați, Romania, 2023
Eurothalia - European Theatre Festival, Timișoara, Romania, 2022
Sibiu International Theatre Festival (FITS), Sibiu, Romania, 2022
“25 Hours of Non-Stop Theatre” Festival, Sibiu, Romania, 2022

Heights and Depths; film, Hungary:

Hungarian Motion Picture Awards, Veszprém, Hungary, 2023,
The Golden Linden International Film Festival, Bulgaria, 2023
Jameson CineFest - Miskolc International Film Festival, Miskolc, Hungary, 2022
Imagine This Women's International Film Festival, New York, 2023
Braunschweig International Film Festival, Germany, 2023
Filmtettfeszt, Cluj-Napoca, Romania, 2023
Transilvania International Film Festival (TIFF), Cluj-Napoca, Romania, 2023
Alter-Native International Short Film Festival, Târgu Mureș, Romania, 2023

Pragma; film, Hungary:

Friss Hús Budapest International Short Film Festival, Budapest, Hungary, 2023
Alexandre Trauner Art Film Festival, Szolnok, Hungary, 2023

10. TEACHING EXPERIENCE

Improvisation (BA Level)

This course develops students' creative instincts, spontaneity, and responsiveness through structured improvisational exercises. Emphasis is placed on presence, listening, and risk-taking as tools for building truthful and dynamic performance moments.

Movie Acting (BA Level)

Focusing on the specific demands of screen acting, this course trains students in techniques for naturalistic performance, camera awareness, and emotional nuance. Students gain practical experience through on-camera scene work.

Devised Theater (MA Level)

In this course, students explore collaborative methods of theatre-making, creating original performances from scratch. Working as an ensemble, they develop content through improvisation, research, interviews and experimentation, with a focus on social relevance and artistic innovation.

11. THESIS AND DISSERTATION SUPERVISION

2023

BA thesis. Barbara Kerekes: “Woven Identity: Character Development through Costume Design.” Theatre and Film, Babeș-Bolyai University, Romania.

12. OUTREACH & PUBLIC ENGAGEMENT

12.1. Public lectures, interviews, media appearances (2022-2024)

- Korunk 35. évf. 12. sz. (2024. dec.) „Boldog vagyok, és tele várakozással, amikor megkapok egy szerepet, és kezdem felfedezni magamban” – interjú Pál Emőke

színésznővel (Kérdezett Györffy Gábor); 2024
https://epa.oszk.hu/00400/00458/00721/pdf/EPA00458_korunk_2024_12_067-072.pdf

- Tvr1 Magyaradás / A tesóm és én - Pál Emese és Pál Emőke; 2024
<https://www.youtube.com/watch?v=dGtt0Em-nIA>
- A független színtársulattól a filmvászonig – Pál Emőke színésznővel kávéztunk; 2024
<https://maszol.ro/kultura/A-fuggetlen-szintarsulattol-a-filmvaszonig-Pal-Emoke-szinesznovel-kaveztunk-INTERJU>
- Radio Romania Cluj A szerep nem egy idegen lény, amibe be és ki kell lépni; 2023
<https://www.kolozsvariradio.ro/2023/11/21/a-szerep-nem-egy-idegen-leny-amibe-be-es-ki-kell-lepni/>
- „Tisztelem a románok nyitottságát felénk” – Pál Emőke Erdélyről és Magyarországról, zaklatásról és tanításról; 2023
https://hvg.hu/kultura/20230626_pal_emoke_interju_magassagok_es_melysegek_szexualis_zaklatas_erdely_kolozsvar_romaniai_magyar_szinesz_reactor_szinhez
- TVR1 Cine-Ma; Beszélgetés Pál Emőke színművésszel; 2023
<https://www.youtube.com/watch?v=wygDDUwSqYA>
- „Nagyon megszerettem a szabadságot” Interjú Pál Emőkével, a Magasságok és mélységek főszereplőjével; 2022 <https://filmtett.ro/cikk/nagyon-megszerettem-a-szabadsagot-pal-emoke-magassagok-melysegek-interju>
- TVR CLUJ Erdélyi Figyelő Magasságok és mélységek; Interjú Pál Emőkével; 2022
<https://www.youtube.com/watch?v=NFu07ZsgpYk>
- Erdélyi Magyar Televízió; Pál Emőke, a Magasságok és mélységek film főszereplője; 2022 <https://www.youtube.com/watch?v=W6T-pU3XFRI>
- Erdélyi Figyelő; Magasságok és mélységek / Interjú Pál Emőkével; 2022
<https://www.youtube.com/watch?v=NFu07ZsgpYk&t=3s>

12.2. Community engagement projects

- Head of a student association acting group, Cluj-Fraternity (2012-2013)
- Coordinating the high school theater group at Jósika Miklós Theoretical High School, Turda (2017–2019)